

2019-20 PCL Indoor Track Field

Top Male Performances as of 2/10/20

<u>60m</u>	PCL 3rd	7.54	*C +.50	<u>1 Mile</u>	PCL 3rd	4 48.24	*B + .70
Sahmir Hagans	SJP	7.17	2/1/2020	Griffin Pumilia	LS	4 31.95 *B	1/25/2020
Jaleel Shabazz	McD	7.24 *C	1/25/2020	Dan Gervino	LS	4 32.34 *B	1/25/2020
Jalen Hanton	LS	7.26	2/8/2020	Denis Gallagher	SJP	4 33.49	1/9/2020
Dylan Vlassenko	CEC	7.27	12/14/2019	Ethan Maher	LS	4 33.84	1/9/2020
Marvin Harrison JR	SJP	7.32 *C	1/9/2020	Gary Martin	AW	4 33.36 *B *C	2/4/2020
Salim Epps	SJP	7.33 *C	1/9/2020	Sean Hamilton	RC	4:33.60 *B *C	1/4/2020
John Zanczuk	FJ	7.34	2/1/2020	Bradden Koors	LS	4 33.84 *B	1/25/2020
Eric Ford	LS	7.37 *C	1/9/2020	Ryan McGinley	LS	4 36.44	1/9/2020
Daquan Robinson	RC	7.37 *C	1/9/2020	Patrick Coyle	LS	4 36.16 *B	1/25/2020
Sidiki Fofana	AR	7.38 *C	1/4/2020	Brian McGarrity	MB	4 38.47 *B	1/25/2020
TJ Meachum	LS	7.38	2/1/2020				
<u>200m</u>	PCL 3rd	24.74	*B +.40	<u>3000m</u>	PCL 3rd	9 45.24	*B + .80
Salim Epps	SJP	21.85 *B	1/3/2020	Ethan Maher	LS	8 48.82 *B*ER	1/25/2020
Eric Ford	LS	22.39 *B	1/25/2020	Patrick Coyle	LS	9 01.89	2/1/2020
Enoobong Eka	MB	22.98	1/29/2020	Griffin Pumilia	LS	9 07.62	12/14/2019
Jalen Henton	LS	23.26 *B	1/25/2020	Gary Martin	AW	9 09.68	2/8/2020
Rasheed Thomas	MB	23.28	2/9/2020	Bradden Koors	LS	9 10.01	1/11/2020
Tyler Boone	RC	23.47	2/1/2020	Max Manganiello	LS	9 17.16	2/1/2020
Malik Cooper	SJP	23.64	2/8/2020	Zachary Brill	LS	9 18.16	2/8/2020
Julian Talley	SJP	23.66	2/1/2020	Aidan Doherty	AC	9 21.86	1/29/2020
Freddie Haynesworth	CEC	23.84	1/4/2020	Brian McGarrity	MB	9 23.19	1/29/2020
Sahmir Hagans	SJP	23.89	1/9/2020	Ryan McGinley	LS	9 26.34	1/17/2020
<u>400m</u>	PCL 3rd	54.74	*B +.50	<u>60HH</u>	PCL 3rd	9.84	*C + .70
Salim Epps	SJP	48.35 *B	1/25/2020	Kyle Love	MB	8.53 *C	1/29/2020
Enoobong Eka	MB	50.18	2/9/2020	Thomas Harper	AR	8.69	2/1/2020
Kendall White	McD	49.82 *B	1/25/2020	Brian Scotto	LS	8.96	2/1/2020
Tyler Boone	RC	50.35 *B	1/25/2020	Brad Cantoral	AR	8.99	2/1/2020
Eric Ford	LS	50.87	2/1/2020	Felipe Manhave	SJP	9.07	12/14/2019
Denis Gallagher	SJP	51.54	1/4/2020	Ty Tindal	McD	9.19 *C	12/21/2019
Will Faunce	LS	51.73 *B	1/25/2020	Tommy Christie	LS	9.29 *C	1/25/2020
Jibbah Kollie	RC	53.10	2/1/2020	Shane Weihe	AR	9.64 *H	1/29/2020
Raimundo Neumann	SJP	53.77	12/14/2019	Andrew Lukaschuk	AR	9.64 *H	1/29/2020
Freddie Haynesworth	CEC	54.00	2/1/2020	Evan Wang	LS	9.87 *C	1/25/2020
<u>800m</u>	PCL 3rd	2 08.24	*B + .60	<u>Shot Put</u>	PCL 3rd	38' 6"	
Denis Gallagher	SJP	1 57.26 *B	1/25/2020	Levi Mayer	AW	52' 7"	2/8/2020
Elijah Babcock	OH	2 00.59	2/9/2020	Chilekasi Adele	MB	51' 0.25"	1/7/2019
Sean Hamilton	RC	2 01.45 *B	1/25/2020	Shakier Jarman	McD	46' 7.5"	1/7/2019
Gary Martin	AW	2 03.37	12/21/2019	James Bommentre	SJP	43'0.5"	12/21/2019
Greg Pumilla	LS	2 03.77	1/18/2020	Thomas Smith	OH	41' 9.25"	12/21/2019
Ricky Raup	SJP	2 02.57	2/8/2020	Kyle Davis	FJ	39' 11.5"	1/17/2020
Hermes Saraci	FJ	2 05.10	2/8/2020	Matt Zoglio	LS	38' 10"	12/21/2019
Othello Adjepong	McD	2 05.71	1/4/2020	Matt Garvin	LS	38' 6"	1/18/2020
Liam Armstrong	FJ	2 05.80	2/8/2020	Jackson Jonik	DP	37' 11"	1/17/2020
Salim Epps	SJP	2 05.84	1/9/2020	Mateen Muhammed	FJ	37' 11"	2/4/2020

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<u>Long Jump</u>				<u>4x200m</u>				*B + 1.60
Brendan Leneghan	SJP	21' 5.75"	12/14/2019	Saint Joseph's Prep	SJP	1 32.93	2/1/2020	
Tommy Christie	LS	21' 2"	1/4/2020	LaSalle College HS	LS	1 33.49 *B	1/25/2020	
Dameir Johnson	FJ	19' 2"	2/8/2020	Bishop McDevitt	McD	1 36.77	2/8/2020	
Charles Sylvester	SJP	19'1.5"	12/21/2019	Archbishop Ryan	AR	1 35.39 *B	1/4/2020	
McCarthy Doe	AR	18'11.5"	1/4/2020	Conwell-Egan	CEC	1 37.64	2/1/2020	
Mason Branch	LS	18' 11.25"	1/25/2020	Roman Catholic	RC	1 37.11 *B	12/30/2019	
Aaron Bittenbender	FJ	18' 11"	2/8/2020	Father Judge	FJ	1 37.99 *B	1/25/2020	
Kabaila James	CEC	18' 8.5"	12/30/2019	Monsignor Bonner	MB	1 40.11	1/29/2020	
Max Muller	LS	18' 7.5"	1/25/2020	Cardinal O'Hara	OH	1 42.12	1/29/2020	
Rodrigo Davis	AC	18' 6.25"	2/1/2020	Archbishop Carroll	AC	1 43.47	1/29/2020	

<u>Triple Jump</u>				<u>4x400m</u>				*B + 2.0
Damier Johnson	FJ	44' 1.5"	12/14/2019	Bishop McDevitt	McD	3 29.73 *B	1/11/2020	
Kyle Love	MB	42' 4"	2/9/2020	Roman Catholic	RC	3 34.15	2/8/2020	
Isaiah Perez	McD	40' 2.5"	2/8/2020	Saint Joe's Prep	SJP	3 35.17	2/1/2020	
Brendan Leneghan	SJP	38' 8"	1/17/2020	Monsignor Bonner	MB	3 35.45	1/29/2020	
Aaron Bittenbender	FJ	38' 3.5"	2/8/2020	Father Judge	FJ	3 40.90	2/8/2020	
Derrick Banks	AC	36' 6.5"	2/1/2020	LaSalle College HS	LS	3 45.65	2/1/2020	
Colin Murray	FJ	35' 2.25"	2/8/2020	Archbishop Ryan	AR	3 47.13 *B	1/4/2020	
Rodrigo Davis	AC	35' 2"	1/17/2020	Cardinal O'Hara	OH	3 50.20	1/29/2020	
Michael Clark	SJP	34' 9.5"	1/17/2020	Archbishop Wood	AW	3 52.82 *B	2/4/2020	
Matthew McCabe	SJP	33' 5"	12/14/2019					

<u>High Jump</u>				<u>4x800m</u>				B + 2.40
Tommy Christie	LS	6' 4"	1/18/2020	LaSalle College HS	LS	8 15.99	2/8/2020	
Michael Niemann	LC	6' 2"	12/21/2019	Saint Joe's Prep	SJP	8 17.62	2/1/2020	
John Villano	LS	5' 8"	2/8/2020	Father Judge	FJ	8 27.80	2/1/2020	
Nicholas Drea	AR	5' 6"	1/17/2020	Roman Catholic	RC	8 35.86	2/1/2020	
Pierce Mullims	AC	5' 6"	2/1/2020	Bishop McDevitt	McD	8 41.62	12/28/2019	
David Piotrowski	AW	5' 6"	1/4/2020					
Aaron Bittenbender	FJ	5' 4"	1/17/2020					
Ethan Pennington	SJP	5' 4"	12/14/2019					
Ryan Halloran	AW	5' 4"	12/28/2019					
Colin Majors	CEC	5' 2"	1/17/2020					
Jared Panicker	AR	5' 2"	1/17/2020					

<u>Pole Vault</u>				<u>DMR</u>				*B + 2.50
Sean Marvel	AR	12' 0"	12/14/2019	LaSalle College HS	LS	10 39.84	2/1/2020	
Charles Sylvester	SJP	11' 6"	1/4/2020	Saint Joe's Prep	SJP	11 15.13	12/7/2019	
Joe McCabe	SJP	10' 6"	2/1/2020	Monsignor Bonner	MB	11 23.50	2/9/2020	
Michael Brown	LS	10' 6"	2/1/2020	Archbishop Wood	AW	11 25.02	12/14/2019	
Tejan Sesay	FJ	10' 0"	1/29/2020	Roman Catholic	RC	11 27.31	1/17/2019	
Jaden DeSarden	FJ	9' 6"	1/29/2020	Father Judge	FJ	11 38.04	1/4/2020	
Matthew McCabe	SJP	9' 6"	2/8/2020	Archbishop Ryan	AR	11 42.90	12/21/2019	
John McGill	AR	9' 0"	12/21/2019	Monsignor Bonner	MB	11 23.50	2/9/2020	
Brendan Hutz	FJ	8' 6"	1/29/2020					
Frank Machicci	FJ	8' 1"	2/8/2020					