

**PCL**

12/14/04

**Haverford College****4x200**

Ohara	1:53.7
Ryan	1:57.4
Prendie	2:00.4
West Catholic	2:00.9
McDevitt	2:01.6
Ohara B	2:06.9
Wood	2:07.8
St Hubert	2:08.9
Hallihan	2:09.0
Dougherty	2:09.5
Carroll	2:11.7
West Catholic	2:14.4
Ohara C	2:16.3
Ryan B	2:16.4
Prendie B	2:17.5
Wood B	2:18.4
St Hubert B	2:19.1
Conwell Egan	2:23.6

**4x800**

Prendie	10:55.1
Prendie B	11:04.7
McDevitt	11:17.0
Wood	12:06.2
Conwell Egan	12:09.7

**55m dsash**

Nia Ali	WC	7.3
Nicole Leach	WC	7.3
Devon Dupont	AC	7.4
Nialah Smith	OH	7.7
Dati Gee	WC	7.8
Erin Ryan	Hall	7.8
Tara Meehan	SH	7.9
Bridget Martell	SH	7.9
Brittany Thomas	WC	7.9
Lindsay Aaron	OH	7.9
Rachel DiMattia	Int	7.9
Angela Wright	Ar	7.9
Brittany Monahan	OH	8.0
Holly Waldek	Int	8.0
Bridget Gallagher	AC	8.0
Nicole Banks	BM	8.1
Monet Adams	Hall	8.1
Mollyn Jarbo	AR	8.1

**4x400**

Ohara	4:31.3
Ryan	4:35.7
Prendie	4:40.6
McDevitt	4:42.8
Ryan B	4:47.5
Wood	4:49.9
West Catholic	4:54.0
Carroll	4:55.2
Conwell Egan	5:04.5
St Hubert	5:07.0
Ohara B	5:11.7
Wood B	5:21.1
Interboro	5:21.4
St Hubert B	5:30.0
West Catholic	5:55.0

**DMR**

West Catholic	13:14.7
Ohara	13:45.4
Prendie	13:46.1
Ryan	13:52.6
Wood	14:12.3
McDevitt	15:14.0

**55 Hurdles**

Nia Ali	WC	8.6
Knesha Sheard	WC	8.8
Brianne Martin	AR	9.9
Phylicia Kozole	AR	9.9
Katie Ryan	AR	10.1
Kasia Wilusz	AW	10.2
Christiana Taylor	WC	10.4
Shannon Webb	AR	10.4
Katie O'Connell	BM	10.8
Jessica Derrickson	AW	10.8
Caitlin O'Neil	AP	10.9
Jessica Williams	WC	11.0
Mary Houtman	OH	11.1
Tara Flynn	AP	11.1
Lauren Pollock	AC	11.2
Bridgett Coor	AC	11.4
Erin Ryan	Hall	11.5
Page Pellicciotti	Hall	11.8
Andrea mcrea	OH	11.9
Kristie Koczkonon	Hall	12.6

Lori Schmehl	AR	8.1	Lindsey Walsh	AW	12.6
Riley Manion	AC	8.1	Michelle Mintzer	OH	12.8
Angel Tenant	CD	8.1			
Ashlee James	OH	8.2	<b>200</b>		
Ira Wickersham	OH	8.2	Nicole Leach	WC	25.7
Mollie Lelan	OH	8.2	Latavia Thomas	WC	25.7
Rachel Long	AW	8.2	Nia Ali	WC	26.7
Aiessha Ahmed	Hall	8.3	Knesha Sheard	WC	27.1
Bridget Brenner	AW	8.3	Lindsay Aaron	OH	28.1
Jade Adams	OH	8.3	Erica Ferguson	WC	28.3
Ashley Relova	MD	8.3	Nialah Smith	OH	28.3
Alecia Caramenico	AC	8.3	Valerie Bentz	SH	28.5
Kim Larner	AW	8.4	Diane Catrino	SH	28.7
Kelly Rooney	CE	8.4	Bridgette Gallagher	AC	28.8
Kirstyn Varas	Int	8.4	Brittany Monaghan	OH	29.0
Mary Koutman	OH	8.4	Lori Schmehl	AR	29.6
Kristyna Ratcliffe	CE	8.4	Ashley James	OH	29.5
Lindsay Egolf	AC	8.4	Rachael Long	AW	29.6
Heather Varas	Int	8.5	Pat Gee	WC	29.6
Athia Aaron	AP	8.5	Julia Walsh	CD	29.9
Lynda Strachorwicz	Int	8.5	Rachael DiMattia	Int	29.9
Monet Mosley	MD	8.6	Erin Ryan	Hall	30.0
Jasmine Kinglee	WC	8.6	Monet Adams	Hall	30.1
Bernadette Laspee	AR	8.6	Mollyn Jarbo	AR	30.3
Kristen Keith	Hall	8.6	Nicole Banks	BM	30.3
Debbie McGrogan	SH	8.6	Holly Waldeck	Int	30.4
Kristen Flick	AP	8.7	Nicole Barra	Hall	30.7
Tiffany Jones	AP	8.7	Riley manion	AC	30.7
Kiara Shields	AP	8.7	Maria Klienz	OH	30.9
Ashlee Laughlin	SH	8.7	Isa Wickham	OH	31.0
Kaitlin Marklee	AR	8.7	Alecia Caramenico	AC	31.2
K Moore	SH	8.7	Kirstyn Varas	Int	31.3
Melissa Peduza	AP	8.8	Jessica Montalvo	AP	31.4
Alyssa Birely	CE	8.8	Mary Houtman	OH	31.4
K Ehoff	SH	8.8	Aiesha Ahmed	Hall	31.5
Marianne Curran	AW	8.9	Kylie Moore	SH	31.6
Alyssa Adams	CD	9.0	Debbie mcgrogan	SH	31.6
J Palantino	SH	9.0	Kasia Wiluzs	AW	32.2
Alyssa Vannore	Hall	9.1	Christy Carrozza	OH	32.3
Kiera Corbin	AP	9.1	Amanda DiPaolo	CE	32.5
Ivana Julie	SH	9.1	Meg Sullivan	AR	32.5
Courtney Burnell	AR	9.2	Kiara Shields	AP	32.7
Destiny Lewis	Hall	9.5	Nicole McSorley	SH	33.0
Denise Howard	CD	9.5	Kristen Flick	Ap	33.1
M Mullin	SH	9.5	Bridget Silva	Hall	33.3
Siddeegah Jones	CD	9.9	Kristen keith	Hall	33.4
Stephanie Stevens	CD	10.0	Brittney Janiec	AR	33.6

Karen Kervick	AW	10.2	Heather Varas	Int	33.7
Lashandra Jenkns	OH	10.4	Ashlea Kronberger	CE	33.7
			Monet Mosley	BM	33.8
<b>400</b>			Beth Harrison	AP	34.1
Christiana Taylor	WC	61.7	Lindsay Walsh	AW	34.2
Ciarra Lawson	WC	64.3	Meghan Lavey	AW	34.2
Valerie Bentz	SH	64.7	Jessica Muff	AP	34.3
Diane Catrino	SH	65.0	Kathleen Rantz	OH	34.3
Erica Ferguson	WC	65.2	Paige Pellocciotti	Hall	34.6
Bridgette Boudwin	OH	66.2	Rita Acchioni	AC	34.6
Katie Willard	OH	66.5	Kim Podsiedlak	AR	34.8
Rene Guy	WC	67.1	Carly Ziegler	AW	34.9
Sarah Henderson	SH	67.7	Melissa Pedruza	AP	35.0
Brittany Thomas	WC	68.2	Francine Taylor	CD	35.2
Holly Haddeck	Int	69.3	Alicai Stanton	BM	35.3
Kristyana Ratcliff	CEC	69.4	Kate Miller	AC	35.6
Elana D'Andrea	AP	69.4	Erin Quin	AP	35.9
Colleen Sullivan	OH	69.7	Alyssa Vandrone	Hall	36.0
Julia Cougherty	AW	70.4	Rizza Moralba	Hall	36.1
Debbie McGrogan	SH	71.0	Mary Schwaartz	CE	37.1
Kayla Tyah	Hall	71.1	Denise Howard	CD	38.3
Kristyn Varas	Int	71.5	Sontae Michell	AC	38.4
Brittany Basten	AC	71.8	Jennifer Liu	Hall	38.6
Mollyn Jarbo	AR	72.2	Destiny Lewis	Hall	39.7
K McArdle	AR	72.3	Stephany Lewis	CD	39.8
Monet jackson	BM	72.9	Siddeequah Jones	CD	41.3
Allison Dougherty	AC	73.1			
Aimee McCullough	CEC	73.2	<b>800</b>		
Jess Maitland	AP	74.3	Kelli Fierras	AP	2:29.7
Kelly O'Grady	AR	74.4	Kathleen Boland	AP	2:30.5
Amber Wojciechowski	SH	75.2	Kelly Unger	OH	2:31.2
Paige Pellocciotti	Hall	76.0	Megan Delaney	SH	2:32.5
Michelle Pannella		76.8	Devon Dupont	AC	2:33.9
Elizabeth Mouer	AC	77.0	Jeanine Walsh	AR	2:34.2
Brianna Kelly	OH	77.7	Megan Crowe	SH	2:35.6
Leslie Remy	OH	78.7	Katie Roberts	AR	2:35.9
Segan Gebermarian	WC	78.8	Rachelle Yankowich	AC	2:36.8
Kate Miller	AC	78.8	Emily Parfett	AC	2:37.3
Caitlin Dumoyer	Hall	79.9	Christine Harrison	AP	2:37.3
Rachel Matteo	Int	80.1	Victoria DiCamillo	BM	2:38.8
Skylar Mahoney	Int	80.4	Jen Oprysko	CD	2:39.6
Alicia Stanton	BM	81.1	Nedra Lowery	WC	2:39.9
Katelyn Korsuch	AR	81.5	Lisa Manion	AP	2:42.1
Francine Taylor	CD	81.6	Morgan Mengini	OH	2:42.2
Kristine Sim	Int	81.7	Laura Klink	CD	2:44.7
Brianna McGarrigle	Hall	82.4	Roxanne Pogue	WC	2:48.8
Alicia Dixon	Hall	83.2	Margret Karas	BM	2:49.6

Danielle Roger	CD	84.3	Erica Matticola	AP	2:49.5
Andrea Boothby	Int	85.4	Kayla Tygh	Hall	2:50.9
Katie Light	OH	88.3	Colleen O'Sullivan	OH	2:55.7

**Mile**

Katie Kelly	OH	5:29.6	Amy Hellmann	CEC	2:59.1
Colleen Boland	AP	5:30.0	Krista McDonough	AR	3:00.6
Janine Walsh	AR	5:33.2	Cait Kent	AC	3:02.3
Tara Gannon	AP	5:40.1	Adrienne McCrae	OH	3:02.5
Megan Crowe	SH	5:40.9	Allison Hurley	AW	3:02.7
Libby Chielewski	BM	5:42.5	Julia McGrath	AP	3:06.1
Meghan Delaney	SH	5:44.6	Caroline Keating	AC	3:08.1
Rachelle Yankowski	AC	5:46.9	KC McArdle	AR	3:08.3
Cooie Rettew	AC	5:51.3	Dana Boches	AW	3:08.4
Caroline Grant	OH	5:58.7	Jess Meehan	AR	3:10.4
Aimee DiLucidio	AP	6:00.2	Brigid O'Neil	AR	3:13.0
Alyssa Brown	OH	6:09.6	Allison Dougherty	AC	3:13.5
Libbi Rettew	AC	6:11.3	Katie Eichman	AC	3:13.8
Lindsay Lougherty	AC	6:19.7	Marissa Montalvo	AP	3:17.2
Mary Kate Remy	OH	6:20.1	Katie Light	OH	3:20.3
Jeanette Mangano	AC	6:23.9	Marissa Campbell	OH	3:21.6
Allison Hurley	AW	6:26.2	Jill Taylor	CD	3:35.4

**3000**

Caitlin Hogan	AW	6:26.6	Beth Kelly	OH	10:59.6
Amanda DiPaola	CEC	6:33.6	Nicole McGrath	AP	11:43.2
Roxanne Pogue	WC	6:34.6	Katie McShay	OH	11:46.5
Meghan McNulty	OH	6:35.6	Lauren Kelly	SH	12:10.7
Kate Eichman	AC	6:41.8	Teresa Hamill	AP	12:14.8
Allison Hutz	AR	6:49.7	Katie Kelly	SH	12:20.0
Tiffany Monastra	AR	7:02.5	Reese Eichman	AC	12:31.9
Melissa DiMorcantonio	AR	7:05.8	Megan Rafferty	AW	12:34.5
Emily Hutz	AR	7:09.8	Ashley Sutter	OH	12:38.3

**Shot**

T Thornton	BM	32-11	Julia Smith	OH	12:52.5
K Johnson	Int	32-00.25	Danielle Ackerman	SH	12:53.1
S Manley	OH	31-02	Katherine Klinges	SH	12:53.2
L Delgado	AR	30-01.25	Mary Pat Mauer	AC	12:54.7
M Merlie	AC	30-00.25	Allison Hutz	AR	13:06.8
E Carr	AP	29-04.25	Jackie Rickus	SH	13:54.6
J Lynch	OH	29-04	Sarah Bean	AC	14:07.7
J Sissons	AP	28-10.5	Emily Hutz	AR	14:19.6

**High Jump**

L Nicholson	AC	28-05.75	Devon Dupont	AC	4-08
B Murray	AR	26-09.75	Nia Ali	WC	4-08
N McCorrison	AP	26-08.75	Michele Frayne	OH	4-08
K Lesage	AC	26-06	Colleen Carmen	AP	4-08
L Walsh	AW	26-02.75	Najay Nimpson	AR	4-08
D Holmes	Hall	24-06.75	Krista McDonough	AR	4-06

N Barra	Hall	24-06.5	Julia Dougherty	AW	4-06
G Kolesnik	AR	24-02.5	Tara Flynn	AP	4-04
K Rantz	OH	24-01.5	Stephanie Zielinski	AR	4-04
A Thomas	WC	24-00.5	Bridget Corr	AC	4-04
C Warren	AW	23-01.5	Caitlin O'Neil	AP	4-02
P Pellicciotti	Hall	22-08.5	Marisa Campbel	OH	4-02
J Mangano	AC	22-08.25	Jeanine Breathwaite	AW	4-02
L Gaynor	SH	22-08.25	Mieke Wilusz	AW	4-02
B Jaward	AP	21-10.75	Christina Constanzo	AR	4-02
K Sheard	WC	21-08.5	Ashley Loughlin	SH	4-02
Ly Nguyen	CD	21-06.75			
C Frayne	OH	21-02.75	<b><u>Long Jump</u></b>		
S Monplasic	SH	21-01.75	Devon Dupont	AC	15-10
M Mederneck	SH	21-01.75	Kaity Ryan	AR	15-04
Bonasavage	AC	21-01.5	Briget Martell	SH	14-08.25
C Lombardi	AR	20-07	Michelle Frayne	OH	14-05.5
B Wheatley	AP	19-11.5	Nicole Barrs	Hall	14-04.75
K Kervick	AW	19-10.75	Mollyn Jarbo	Ar	14-02.75
E Munoz	AW	19-09	Chistianna Costanza	AR	13-11.5
A Buoni	AP	19-08	Kasia Wilusz	AW	13-11
C McKenna	Hall	19-02.5	Lindsay Aaron	OH	13-10
M Crowe	SH	18-11.25	Nohjay Nimpson	AR	13-09.5
A Washington	Hall	18-06.25	Bridget Gallagher	AC	13-07.75
J Howard	Hall	18-04	Heather Varas	Int	13-05
M Jones	CD	18-01.25	Colleen carmen	AP	13-03.25
K Sim	Int	17-09	Kristie Koezkoden	Hall	13-02.5
Eichman	AC	17-04	Allison Dougherty	AC	13-02.25
T Rossi	AW	16-10.5	Lynda Stachowicz	Int	13-02
A Rieser	SH	16-02	Rachel Long	AW	13-01
S Garifo	Hall	15-09	Mary Houtman	OH	13-01
A Swan	BM	15-02.75	Maggie Shanahan	AP	13-00
			Jessica Novak	CEC	12-10.5
<b><u>Triple Jump</u></b>			Meg Sullivan	AR	12-07.25
Nohjay Nimpson	AR	33-09	Lindsey Egolf	AC	12-03.5
Michelle Frayne	OH	32-09	Ashley Loughlin	SH	12-03.5
Brianne Martino	AR	30-08	Elana D'Andrea	AP	12-03.5
Rachel Long	AW	29-09	Kathleen Rantz	OH	12-02.5
Heather Varas	Int	28-10	Kristy Ratcliff	CEC	12-02.25
Luanne Pollock	AC	28-01.5	Kaitlin Kent	AC	12-02
Kristie radcliff	CEC	27-11	Jillian Taylor	CD	11-08.75
Margret Merlie	AC	27-08	Chriser Tran	WC	11-06.5
Vicki Middleton	AR	27-00	Brittany Brasten	AC	11-06.5
			Victoria Middleton	AR	11-02